

## **Directions to MAB Community Services Central Mass. Office 799 West Boylston Street Worcester, MA 01606 (508) 854-0700**

### **From Boston Area**

1. Massachusetts Turnpike to Exit 11A (Rt 495 N)
2. Rt 495 N to Rt 290 W
3. Rt 290 W to Rt 190 N
4. Rt 190 N to Exit 1 (Rt. 12 North/West Boylston Street North)
5. Go through 3 sets of lights (about 1.5 miles). You will pass Greendale Mall, Quinsigamond College, McDonald's, Dunkin Donuts. MAB (799 brick office building named Seven Hills Professional Building) will be on your left.
6. Using street entrance, MAB is on same level. Using parking lot entrance, take elevator to second floor.

### **From the North**

1. Rt 2 to Rt 190 S to Exit 4 (Rt. 12 )
2. Turn right onto Rt. 12 (West Boylston Street).
3. Go approx.1.5 miles, passing through 3 sets of lights. MAB (799 brick office building named Seven Hills Professional Building) will be on your right, just past Wendy's). Use large south parking lot just after building.
4. Using street entrance, MAB is on same level. Using parking lot entrance, take elevator to second floor.

### **From South ( Rt. 146, Rt. 395, and/or Massachusetts Turnpike from Springfield)**

1. Rt 290 E to Rt 190 N
2. Follow 4-6 From Boston Area above.